



# VPCI NEWSLETTER

## Vallabhbhai Patel Chest Institute Newsletter

Vol.3, No.2

VPCI Newsletter (1<sup>st</sup> July-31<sup>st</sup> December 2015)

### FROM THE EDITORS DESK

#### Editor-in-Chief

Prof. S.N. Gaur

#### Editor

Dr. Ritu Kulshrestha

#### Editorial Board

##### Members

Prof. Ashok Shah

Prof. A. Ray

Prof. K. Ravi

Prof. S.K. Chhabra

Prof. S.K. Bansal

Prof. Raj Kumar

Dr. Malini Shariff

Dr. Mandira Varma-Basil

Dr. Madhu Khanna

Dr. Balakrishnan Menon

Dr. Anuradha Chowdhary

Dr. Kavita Gulati

Dr. Vishal Bansal

Dr. Vishwajeet Rohil

Dr. Mujeeb-ur-Rahman

Dr. Rajinder Bajaj

Dr. Nitin Goel

Dr. Shweta Bansal

Mr. P.R. Santhanam

Mrs. Uma Tyagi

Mrs. Chanchal Rajput

Mr. D.K. Sahu

Mr. Tarun Malhotra



In this Issue of the VPCI Newsletter, it gives us great pleasure to present to you the new developments, achievements and milestones attained by the V.P. Chest Institute during the period from July to December 2015.

In keeping with one of the mandates of the Institute, many scientific programmes including Orations, Workshops and Health camp were organised during this period. The 1<sup>st</sup> Dr. V.K. Vijayan Oration was organised on 26<sup>th</sup> October 2015.

The New Ward was inaugurated on 22<sup>nd</sup> September 2015 and commenced functioning as Ward B in Viswanathan Chest Hospital (2<sup>nd</sup> Floor) of the building. The 'State of the Art' equipments for enhancing patient care at VPCI, including Endobronchial Ultrasound System (EBUS) videobronchoscopy system, lung function testing system (PFT), etc. were procured during this period.

The 69<sup>th</sup> Independence Day was celebrated on 15<sup>th</sup> August 2015, in the Institute with the participation of the employees of VPCI and their family members. The Institute observed the cleanliness drive week from 28<sup>th</sup> September to 2<sup>nd</sup> October 2015 as a part of the 'Delhi University Swachhata Abhiyaan'.

I congratulate the VPCI faculty, staff and students on their achievements and wish them all the very best in all their future endeavours.



Vallabhbhai Patel Chest Institute  
University of Delhi  
Delhi-110007, India

Phone : 91-011-27402400,  
27667102, 27667441,  
27667667, 27666182

Fax : 91-011-27666549  
E-mail : admin@vpci.org.in  
Website : www.vpci.org.in

## EVENTS AND ACHIEVEMENTS

### Workshop on Sleep Study



The Institute organised a Workshop on Sleep Study in association with National College of Chest Physicians (India) and Society for Tobacco Control on 6<sup>th</sup> July 2015. Prof. Raj Kumar, Head, NCRAAI and Dept. of Respiratory Allergy and Applied Immunology, VPCI was the Organising Secretary of the Programme.

### 69<sup>th</sup> Independence Day Celebration



The 69<sup>th</sup> Independence Day function was celebrated on 15<sup>th</sup> August 2015 at the VPCI campus with great fervor. The ceremony was attended by VPCI staff with their family members. Prof. S.N. Gaur, Director (Actg.) hoisted the National flag. He later distributed sweets to all those present as well as indoor admitted patients.

### Teacher's Day Celebration



The Teacher's Day was celebrated on 4<sup>th</sup> September 2015 at the Paintal Memorial Golden Jubilee Auditorium. The students greeted the teachers with flowers and the interaction continued with sharing of words of wisdom by the teachers.

### New Ward Inauguration



Prof. P.N. Tandon, Chairman, Governing Body and Prof. S.N. Gaur, Director (Actg.), VPCI inaugurated the New Ward on

22<sup>nd</sup> September 2015. This ward has 30 Beds and began functioning as Ward B on the 2<sup>nd</sup> Floor of the Viswanathan Chest Hospital building.

### 11<sup>th</sup> Prof. A.S. Paintal Memorial Oration



The Institute organised the 11<sup>th</sup> Prof. Autar Singh Paintal Memorial Oration on 24<sup>th</sup> September 2015. The Oration (titled; "Influenza, Why a concern today?") was delivered by Prof. A.K. Prasad, former Professor & Head, Dept. of Respiratory Virology, VPCI and Chairman, Influenza Foundation of India. Dr. Soumya Swaminathan, Secretary, Department of Health Research, Ministry of Health & Family Welfare, Govt. of India and Director General, ICMR, New Delhi, was the Chief Guest of this Oration. Prof. P.N. Tandon, Chairman, Governing Body, VPCI presided over the function.

### Cleanliness Drive Week



The Institute observed the Cleanliness Drive Week from 28<sup>th</sup> September to 2<sup>nd</sup> October 2015 as a part of the 'Delhi University Swachhata Abhiyaan'.

### 1<sup>st</sup> Dr. V.K. Vijayan Oration



The Institute organised the 1<sup>st</sup> Dr. V.K. Vijayan Oration on 26<sup>th</sup> October 2015. The Oration (titled; "Recent Advances in Diagnosis and Management of TB") was delivered by Dr. Soumya Swaminathan, Secretary, Department of Health Research, Ministry of Health & Family Welfare, Govt. of India and Director General, ICMR, New Delhi. Prof. P.N. Tandon, Chairman, Governing Body, VPCI was the Chief Guest of this Programme.

### Health Camp - 2015

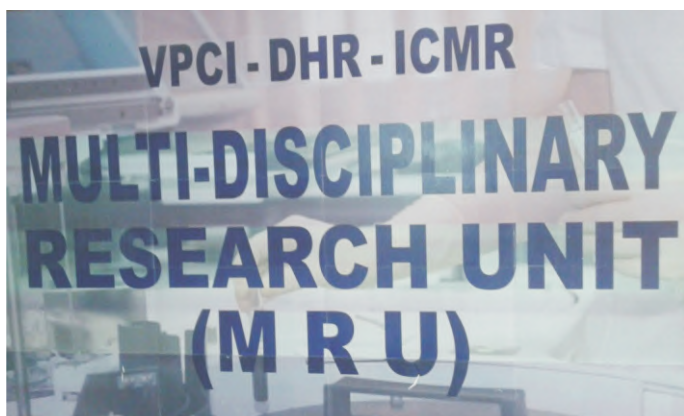


A Health Camp on 'Indoor Air Pollution and Respiratory Diseases' was organised by Prof. Raj Kumar and his team of

National Centre of Respiratory Allergy, Asthma and Immunology (NCRAAI), VPCI, Delhi, in commendation of ICMR Indo-US Research Project, on 29<sup>th</sup> November 2015 at Village – Dujana, Greater Noida, Uttar Pradesh. Approximately 500 villagers were participated in this Health Camp and enabled to know the basic knowledge on indoor air pollution and its deadly effects on allied health problems.

## RESEARCH ACTIVITIES

### Multi-disciplinary Research Unit



The Multi-disciplinary Research Unit sanctioned by the Department of Health Research (DHR), Ministry of Health & Family Welfare (MOHFW), Government of India, under the aegis of the Indian Council of Medical Research (ICMR), has been established at VPCI on the 7<sup>th</sup> floor of the Multistoried Building. The staff selection process is ongoing and equipments sanctioned under this scheme are being procured. The civil work has been completed.

### New Research/ Teaching Initiatives



The fully automated Immunohistochemistry Analyser was installed and made functional in the Department of Pathology during this period. Lung cancer cases are now being analysed using latest panel of antibodies to EGFR, ALK, Napsin-A, TTF-1, Pan CK, etc. This will improve diagnosis and prognosis of lung cancer patients.

### Extramural Research Projects

Presently, 20 Extramurally Funded Research Projects (funded by ICMR, DBT, INSA, DST, DST-FIST, AYUSH, CCRUM, APACI, AAYUSH/CCRAS, WHO, UGC-BSR), two MRU-ICMR-VPCI and 18 Research Fellowships funded by DBT, DST, ICMR and UGC are ongoing in the Institute. One New Extramurally Funded Research Project was additionally sanctioned during the period. The details are as follows:

Title of the Project	Department
A clinical study to evaluate the effect of yoga on pulmonary function, cellular and molecular markers and quality of life in patient of bronchial asthma.	Department of Pharmacology P.I.: Dr. Kavita Gulati Grant: 19.84 (lakhs)

## AWARDS AND HONOURS



- **Prof. S. N. Gaur** received Dr. H. Parmesh and Dr. (Major) K. Nagaraju Oration at RajPedicon PedAllercon EnriCHcon 2015, Jaipur on 13<sup>th</sup> September 2015.
- **Prof. S. N. Gaur** received “Prof. K.S. Bhargava Oration Award” at XXIV Annual Conference of the Indian Virological Society held at North Eastern Indira Gandhi Regional Institute of Health & Medical Sciences (NEIGRIHMS), Shillong, Meghalaya, on 8<sup>th</sup> -10<sup>th</sup> October 2015.
- **Prof. S. N. Gaur** inaugurated the “Training in Allergy Testing and Immunotherapy” programme as Chief Guest at National Allergy Centre, Delhi on 17<sup>th</sup> December 2015.
- **Prof. S. N. Gaur** was the Member of National Advisory Panel in Respiratory Medicine, National Academy of Medical Sciences, 2015.
- **Prof. S. N. Gaur** was the Member of Expert Committee on Food Allergy, DBT, 2015.
- **Prof. S. N. Gaur** was the Chairman of National Expert Committee for formulation/finalizing criteria for lot release of diagnostic and therapeutic allergen extracts in India, Drug

Controller General of India (DCGI), Ministry of Health & Family Welfare, Govt. of India, since 2015.

- **Prof. S. N. Gaur** was selected as President- Elect, Geriatric Society of India, 2015.
- **Prof. S. N. Gaur** was the Member of Executive Committee, VKRV Rao Hostel, University of Delhi, 2015-2017.
- **Prof. S. K. Bansal** was the Member of Programme to initiate an integrated M.Sc. - Ph.D. course in Cancer Biology and Infectious Diseases (with special reference to Tuberculosis) at Cluster Innovation Centre, University of Delhi on 9<sup>th</sup> September 2015.
- **Prof. Raj Kumar** delivered Guest Lecture on “Tobacco cessation services in India: Status, challenges and way forward” at Roundtable Consultation, The Union South-East Asia Office, Delhi on 3<sup>rd</sup> September 2015.
- **Prof. Raj Kumar** provided training in Advance Sleep Medicine Course - 2015 under the aegis of Indian Sleep Disorders Association at Department of Pulmonary, Critical Care and Sleep Medicine, Safdarjung Hospital, New Delhi on 2<sup>nd</sup> - 4<sup>th</sup> October 2015.
- **Prof. Raj Kumar** was Chairperson in the session on “Air pollution and children health” in the Workshop on Children’s Environmental Health organised by PHFI and the Children’s Health and Environment Program (CHEP), University of Queensland, Australia on 23<sup>rd</sup> -24<sup>th</sup> November 2015.

- **Prof. Madhu Khanna** presented paper on “Influenza vaccination in elderly individuals,” 4<sup>th</sup> Scientific Future Group Conference Global Submit on Virology, Dubai on 27<sup>th</sup> - 28<sup>th</sup> August 2015.
- **Dr. V. Rohil** was Chairperson of Scientific Session, 42<sup>nd</sup> ACBICON conference of the Association of Clinical Biochemists of India, PGIMER, Chandigarh on 25<sup>th</sup> -28<sup>th</sup> November 2015.
- **Dr. V. Rohil** was External Expert at DIPAS, DRDO in the Second Executive Board Review meeting of XII Five Year Plan Project on 2<sup>nd</sup> December 2015.
- **Dr. Mujeeb-ur-Rahman** attended the Refresher Course in Mathematical Sciences (comprised of Mathematics, Statistics, Operations Research and Computers), conducted by Centre for Professional Development in Higher Education, University of Delhi, sponsored by UGC-HRDC from 26<sup>th</sup> November to 15<sup>th</sup> December 2015.
- **Dr. Ritu Kulshrestha** was the Member of Programme to initiate an integrated M.Sc.-Ph.D. course in Cancer Biology and Infectious Diseases (with special reference to Tuberculosis) at Cluster Innovation Centre, University of Delhi on 9<sup>th</sup> September 2015.
- **Dr. Ritu Kulshrestha** was the Resource Faculty in the section on Labs: Laboratory experiments/Procedures at the 1<sup>st</sup> National Conclave on Virtual Teaching, AIIMS, New Delhi on 11<sup>th</sup> September 2015.



- **Dr. Gaurav Bhati**, M.D. student received the 1<sup>st</sup> Prof. S. N. Gaur Young Scientist Award including cash award in Oral Paper Presentation titled; "A prospective study to assess the role of N-Acetylcysteine and pulmonary rehabilitation on quality of life in patients of chronic obstructive pulmonary disease" during NCCP(I) session in NAPCON-2015, Jaipur.
- **Dr. Shekhar Kunal Jha**, M.D. student received the 2<sup>nd</sup> Prof. S. N. Gaur Young Scientist Award including cash award in Oral Paper Presentation titled, "Aeroallergen Sensitisation in AR with/without CRS" during NCCP(I) session in NAPCON- 2015, Jaipur.
- **Dr. Richa Mittal**, M.D. student received the first prize in NAPCON Award in COPD in Oral Paper Presentation titled, "Classification of COPD by GOLD 2006 & 2011 criteria", in NAPCON- 2015, Jaipur.





**1<sup>st</sup> Prize in National P.G. Quiz Competition**  
 won by students of Vallabhbhai Patel Chest Institute's Team at NAPCON-2015, Jaipur, November 4-7, 2015  
 Dr. Viswesvaran Balasubramanian, Dr. Shekhar Kunal, Dr. Vidushi Rathi and Prof. S.N. Gaur, Director [Acting] with Institute's Trophy

- **Dr. Viswesvaran B**, M.D. student received the 1<sup>st</sup> prize in Grand National Finale-

Torrent Youth Scholar Award including cash award held at Torrent Research Centre, Ahmedabad, Gujarat on 11<sup>th</sup> October 2015.

- **Dr. Viswesvaran B , Dr. Shekhar Kunal and Dr. Vidushi Rathi M.D.** students won the first prize including cash award in National Level, NAPCON- 2015 PG Quiz competition held at Jaipur on 5<sup>th</sup> November 2015.

- **Mr. Shashi Dhar Mehta** was awarded Young Scientist Award 2015 in the field of Biochemistry by Mewar Institute of Management, Ghaziabad on 10<sup>th</sup> October 2015.

## MEDIA REPORTS

- **Prof. Raj Kumar** gave an interview to the Times of India (English daily) which was quoted in an article “Car-free day brings down pollution by 16%”, in the Times of India (Delhi Edition) on 6<sup>th</sup> October 2015.
- **Prof. Raj Kumar** gave an interview to the ITV News on the topic “Impact of pollution on Delhi citizens” which was telecasted on ITV News channel on 3<sup>rd</sup> November 2015.
- **Prof. Raj Kumar** gave an interview to Business Today (English weekly) which was quoted in an article “Asthma cases see sharp rise in Delhi due to persistent smoggy weather”, in the Business Today (Delhi Edition) on 4<sup>th</sup> November 2015.
- **Prof. Raj Kumar** gave an interview to Mail Today (English daily) which was quoted in an article “Watch your breath”, in the Mail Today (Delhi Edition) on 9<sup>th</sup> November 2015.
- **Prof. Raj Kumar** gave an interview to the Times of India (English daily) which was quoted in an article “Even burning incense may affect you”, in the Times of India (Delhi Edition) on 11<sup>th</sup> November 2015.
- **Prof. Raj Kumar** gave an interview to the Times of India (English daily) which was quoted in an article “Pollution has runners off track”, in the Times of India (Delhi Edition) on 13<sup>th</sup> November 2015.
- **Dr. B. K. Menon** participated in a Panel Discussion of Doordarshan on the topic “Swine flu” which was telecasted on Doordarshan Lok Sabha channel (Healthy India episode) on 21<sup>st</sup> November 2015.
- **Prof. Raj Kumar** gave an interview to Mail Today (English daily) which was quoted in an article “Delhiites down as smog chokes lungs”, in the Mail Today (Delhi Edition) on 30<sup>th</sup> November 2015.
- **Prof. Raj Kumar** gave interviews to the Times of India (English daily) which was quoted in articles “Pollution takes toll on healthy lungs too”, “Construction dust choking lungs, a trigger for asthma”, in the Times of India (Gurgaon Edition) on 4<sup>th</sup> December 2015.
- **Prof. Raj Kumar** gave an interview to the Nav Bharat Times (Hindi daily) which was quoted in an article “Pollution ka Pollution”, in the Nav Bharat Times (Delhi Edition) on 6<sup>th</sup> December 2015.

- **Prof. Raj Kumar** gave interviews to the Pioneer (English daily) which was quoted in articles “Save your kids leave Delhi: Docs” and “A few unknown facts about indoor pollution” in the Pioneer (Delhi Edition) on 8<sup>th</sup> and 9<sup>th</sup> December 2015.
- **Prof. Raj Kumar** gave an interview to Mail Today (English daily) which was quoted in an article “Walk in the park may choke you”, in the Mail Today (Delhi Edition) on 11<sup>th</sup> December 2015.
- **Prof. Raj Kumar** gave an interview to the Times of India (English daily) which was quoted in an article “Pollution has runners off track”, in the Times of India (Gurgaon Edition) on 13<sup>th</sup> December 2015.
- **Prof. Raj Kumar** gave an interview to the Times of India (English daily) which was quoted in an article “Diesel ban to cut pollution by 30%”, in the Times of India (Gurgaon Edition) on 22<sup>nd</sup> December 2015.
- **Prof. Raj Kumar** gave an interview to the Times of India (English daily) which was quoted in an article “Air quality falls to dangerous levels”, in the Times of India (Gurgaon Edition) on 24<sup>th</sup> December 2015.
- **Prof. Raj Kumar** gave an interview to the Nav Bharat Times (Hindi daily) which was quoted in an article “Elaz me 2015 ka panch”, in the Nav Bharat Times (Delhi Edition) on 27<sup>th</sup> December 2015.
- **Prof. S. K. Chhabra** gave an interview to The Asian Age (English daily) which was quoted in an article form titled, “News, views and some hope for a breathable 2016”, The Asian Age, Delhi Edition, on 31<sup>st</sup> December 2015.

#### DISTINGUISHED VISITORS

- **Dr. J.S. Rana**, Senior Technical Advisor, The Union South-East Asia, Delhi visited the Department of Respiratory Allergy & Applied Immunology, VPCI on 28<sup>th</sup> September 2015 during the Allergy Testing Training.
- **Prof. M.S. Khaled**, Assistant Professor, National Institute of Diseases of the Chest & Hospital (NIDCH), Mohakhali, Dhaka, Bangladesh visited the Department of Respiratory Allergy & Applied Immunology, VPCI on 29<sup>th</sup> September 2015 during the Allergy Testing Training.
- **Mrs. Aruna A.**, Charge Nurse, Department of Pulmonary Medicine, Christian Medical College and Hospital, Vellore visited the Department of Respiratory Allergy & Applied Immunology, VPCI on 1<sup>st</sup> October 2015 for one day training in Smoking Cessation including How to Start Tobacco Cessation Clinic?

#### SUPERANNUATION AND FAREWELL





- Mrs. Saroj Bala, Assistant Registrar, superannuated from her services on 31<sup>st</sup> July 2015 after a successful completion of almost 40 years in VPCI.
- Mr. Shankar Dayal, Sanitary Guide, superannuated from his services on 30<sup>th</sup> June 2015 after a successful completion of almost 35 years in service.
- Mr. Prakash Chand, Wireman, superannuated from his services on 31<sup>st</sup> July 2015 after a successful completion of almost 35 years in VPCI.
- Mr. Pratap Singh, Helper, superannuated from his services on 31<sup>st</sup> August 2015 after a successful completion of almost 36 years in VPCI.

## INFRASTRUCTURE DEVELOPMENT

- The Patient Structure pathway for the new Ward B was completed.
- The Modernisation of sound and lighting system at 300 seated Paintal Memorial Golden Jubilee Auditorium was completed.
- Equipments for facilitating patient care and research activities (including the VPCI-MRU), worth Rs. 2.92 (Appox.) crores were processed for purchase by Purchase Section in this period. Some of these included Endo Bronchial Ultrasound System (EBUS), Video Bronchoscopy System, Real Time PCR, Lung Function Testing System (PFT), Automated Elisa Processor, Deep Freezers, etc.

## UPCOMING EVENTS AT VPCI

- 12<sup>th</sup> January 2016: "Institute Day" will be organised at Paintal Memorial Golden Jubilee Auditorium, VPCI, Delhi.
- 4<sup>th</sup>-8<sup>th</sup> April 2016: "41<sup>st</sup> Allergy Workshop on Respiratory Allergy, Diagnosis & Management" will be organised by VPCI, National Center of Respiratory Allergy, Asthma & Immunology (NCRRAI) in collaboration with Institute of Genomics and Integrative Biology at Paintal Memorial Golden Jubilee Auditorium, VPCI, Delhi.
- 6<sup>th</sup> April 2016: 18<sup>th</sup> "Prof. Raman Viswanathan - VPCI Oration" will be held at Paintal Memorial Golden Jubilee Auditorium, VPCI, Delhi.
- 13<sup>th</sup> April 2016: "Influenza Update & Felicitation on Influenza Day" will be organised by Influenza Foundation of India jointly with VPCI, University of Delhi, Geriatric Society of India, Vaccine Advocacy Forum, Asia-Pacific Alliance for the Control of Influenza (APACI), International Federation of Pharmaceutical Manufacturers & Associations (IFPMA) and National College of Chest Physicians (NCCP) India, at Paintal Memorial Golden Jubilee Auditorium, VPCI, Delhi.

## ADDRESS FOR CORRESPONDENCE

Prof. S.N. Gaur  
Director (Acting)  
V.P. Chest Institute  
University of Delhi, Delhi-110007  
E-mail: sngaur@yahoo.com  
Tel.: 011-27667420

Dr. Ritu Kulshrestha  
Assistant Professor  
V.P. Chest Institute  
University of Delhi, Delhi-110007  
E-mail: ritukumar71@yahoo.com  
Tel.: 011-27402414

<input type="checkbox"/>
To <hr/> <hr/> <hr/>